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COLEMAN, ALTA.

Crows Nest Pass
Bowling League
Reorganized

On October 9, 1956, at 8 p.m. many conscientious and interested bowlers, met in the Grand Union hotel in room zero to reorganize properly the Crows Nest Pass Bowling League.

The meeting commenced by nominating candidates to fill the various offices. Mr. Tom Lamont, Bellevue, now sits in the presidents chair, elected by acclamation; The vice-president is Mr. Fiori, Berlin, elected by an entire vote of confidence. Mr. Brian Park, who successfully filled the office of secretary-treasurer last year, again fills it this year with a few more duties attached.

The next problem, perhaps, the most important one, that the congregation coped with were the setting down of rules on which the league would function properly. This was effectively done in a motion to accept the rule book of the Calgary Five Pin Bowling Association, adopted in 1952. In addition, several by-laws were adopted to eliminate any possibility of quarreling that would cause ill-feeling among bowlers who supposedly come for an enjoyable evening.

A few of the rules and by-laws are:

1—Form a board of directors to settle disagreements and disputes.

2—Six players registered and five playing in one game.

3—One dollar per team paid towards prizes for every set of three games that the team is scheduled.

4—Registration fee of \$3 per team.

5—At least two ladies must be on a team.

6—Two-thirds handicap to teams with a lower average than the team they play.

7—Prizes given to ladies and men for high singles, high average and high three.

8—Largest prize to the winning team of the league.

Judging from the teams already entered in the league, there seems to be very much enthusiasm for a successful and enjoyable league. The league is now organized satisfactorily and all rules and by-laws are followed, bowling will be a recreational activity worthwhile to those who want some fun and exercise.

The teams that are entered in the league to date are:

Dynamos, Firemen, Grand Union, Rockies, Bank, Slims, Zeros and Art Juhlin.

Any bowlers who wish to enter a team must do so before October 24th. On this date another meeting will be held in the Grand Union Hotel at 8 p.m. to register all players and to get everything up to date for the starting of the league.

It is hoped that Blairmore and Hillcrest will be represented in this league because they are the only towns not represented from the Crows Nest Pass. Any interested players can contact any of the officials or personally present for the meeting October 24.

So, will all players intending to bowl this winter, please be present so that you can register with the team you wish to play with. Thank you. Be seeing you.

LEAGUE REPORTER.

Senior C. Y. O.
Hold Meeting

The Coleman Senior C. Y. O. Organization held their first meeting of the year on Sunday Oct. 14. Officers elected were: President - Ladik Tymchyna Vice-President - Lorna Dancoisne Secretary-Treasurer - Doreen Siska

A Catholic rally will be held on Sunday evening, Oct. 28th, in the Coleman C.Y.O. Hall.

All High School aged Catholic members of the Pincher Creek, Hillcrest, Bellevue, Blairmore, Michel-Natal and Coleman parishes are invited. Hilda Smith and Helen Wavreca were appointed as head of food and social committees respectively for that evening.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 26—No. 29

The Journal, Coleman, Alberta Wed., Oct. 17, 1956

single copy 7c

Coleman Old-timer
Passes

Charles John MacQuarrie passed away October 12 in the Crows Nest Pass Municipal Hospital after a brief illness.

Born in 1889 at Strathlorne Rd., Inverness, Cape Breton Island, Nova Scotia, he farmed for 13 years in Southern Saskatchewan and then came to Coleman where he resided for the past 32 years. He worked as a miner at the International mine for 28 years.

Decased was an active member of the United Church and served as an elder for 30 years. He was a member of the U.M.W.A.

Leaving to mourn his passing besides his wife, Mary are 4 brothers and two sisters; one son Allister MacQuarrie of Coleman; 3 daughters, Joan, Mrs. M. Dunford of Coleman; Anna, Mrs. Ron Jenkins of Cranbrook; Delta, Mrs. Ted Malone of Natal, B.C. and eight grandchildren.

A son Wesle died in France in 1944 in World War II.

Funeral services were conducted from St. Paul's United Church, Coleman by the Rev. Rod MacAulay on Sunday afternoon with interment in the Union Cemetery.

Upland Game Season
Opened Monday

Monday, October 13th, the upland game season opened in Alberta with expectations of a good season for Southern Alberta hunters. Reports show there is a widespread confusion among hunters and land owners, farmers and ranchers, as to how the new regulations will apply to them.

Regulations state no person shall hunt big game or bird game upon or occupied land without consent of the owner or occupant. Occupied land means privately owned lands under cultivation or enclosed by a fence of any kind and upon which or adjoining which the owner or occupant is actually residing.

Under the new game regulations it is not necessary for the owner to post lands, as they have as much protection without. The only reason now for posting land is when the land owner does not want any shooting whatsoever, he continued. Then the land becomes virtually a game preserve.

To be legal, signs must be at least 16 inches by 14 inches in size and be prominently placed at each corner of the land and at each gate giving access to the land, and must bear the words "no shooting", or "no hunting". The lettering must be of black with white background.

When land is posted no person is permitted to hunt big game or game birds on the land. Notwithstanding the foregoing provisions any person may enter upon occupied or other lands for the purpose of pursuing game.

Monday the season opened on Sharp-Tail Grouse, Ruffed Grouse and Spruce Partridge, Hungarian Partridge and Ring-Neck Cock Pheasants. Season on the birds closes November 30 except for pheasants which will close Nov. 17 in northern Alberta only.

Hunting is five miles per day of each. Provided, however, that no person shall have in his possession at any one time more than 25 birds of any one species.

Hunting of upland game birds before 8 a.m. daily is prohibited.

Ministerial Associa-
tion Organized

At a meeting held in Bellevue on October 15, the Crows Nest Pass Ministerial Association was organized. Meetings will be held regularly on the third Monday of each month.

Ministers were present from Anglican, Baptist, and the United Churches representing Pincher Creek, Cowley, Bellevue, Hillcrest, Blairmore and Coleman. Ministers from Fernie have indicated their interest also, as have the clergy of several other denominations, but these were unable to attend the meeting. Several problems of mutual interest were discussed, and officers were elected.



Over the clouds to England to compete for the world champion plowman title go these members of the Canadian team (left to right) Robert Timbers, 29, of Stouffville, Ont., and Edwin Denman, 23, of Portage la Prairie, Man., with their team manager, Russell Bellhardt of Bruce Station, Ont., former president of the Ontario Plowmen's Association.

The young farmers won the right to represent Canada at the fourth annual World Plowing Match (the plowmen's Olympics) being held at Shillingford, near Oxford, England, on October 12. Timbers and Denman captured first and third places respectively, in the Essex Silver Plow contest at the 1955 International Plowing Match held at Blythwood, near Leamington, Ont. Their overseas trip is sponsored by Imperial Oil.

As well as competing, the Canadian team will participate in ceremonies in connection with the unveiling of a cairn by the Duke of Gloucester, uncle of Queen Elizabeth, to mark the site of the world match. The cairn will include stones from the 14 competing countries. Each stone will be engraved with the name of the country of origin. Similar cairns have been unveiled at Cobourg, Ont., site of the first world's match in 1933 and at Upsala, Sweden. Following the match the overseas plowmen will tour England,— including a visit to the Queen's farm at Windsor.

Death claimed another resident on Thursday, October 12, when Stephen Bencko, 50, passed away in the Crows Nest Pass Hospital after a lengthy illness.

Born in Czechoslovakia, he came to Canada, first settling in Lethbridge. He came to Coleman in 1928, where he worked in the McGilivray Mine.

He later quit the mine and opened a shoe repair and clothing store which he operated for 18 years.

Decased was a member of the Elks Lodge, the Slovaks Society, and was of the Catholic faith.

He is survived by his wife Mildred; two daughters, Dianne and Elaine; one sister in the United States and several relatives in Czechoslovakia.

On Sunday afternoon, funeral services were conducted in the Holy Ghost Church, with Father D. Fleming officiating. Interment was held in the Catholic cemetery.

Mayor Aboussafy
On New Health
Unit Board

Mayor Aboussafy has been appointed a representative of Ward 3 for the Pincher Creek, Fort Macleod Health Unit Area.

The Town of Coleman will conduct a census to be completed by Nov. 1. The Dominion Census taken during the summer shows approximately 1600 people living in Coleman. A town census taken some time ago showed 1800. That was when the population was at its estimated lowest. The Dominion census was taken when considerable numbers of citizens were away on holidays.

Coleman Lad
Suffers Injury

Alex Kinnear, son of Mr. and Mrs. J. Kinnear, Jr., received a cracked vertebrae when a Volkswagen in which he was riding with two other lads from Banff, backed over an embankment and fell 30 feet, landing on its top.

They were rushed to the Banff Hospital where it is expected that Alex will be confined for at least two weeks.

Alex was employed by the Square M Construction Co. at Banff.

Mr. J. Kinnear, Jr. reported by his parents, Mr. and Mrs. J. Kinnear, Jr., left for Banff to see him.

"How's Henry gettin' along at school, Sir?"

"Not so well, Eph. They're learnin' him to spell 'taters' with a 'P'."

Poster, Essay Contest
Planned by Firemen

Fire Chief John Kinnear of the Coleman volunteer fire brigade announced that the brigade will again sponsor the annual poster and essay contest for the pupils of the Coleman schools.

The brigade has stated that there will be three prizes in each room of \$3, \$2 and \$1. The poster contest will be open to all children from grade 1 to grade 4 in both the main school and the Cameron schools with prizes for each room in both schools. The essay contest is open to all students from grade 5 to grade 8 in both schools with prizes for each room.

The posters, to be judged on October 19, will be displayed in the window of the Modern Electric Shop. Prizes will be presented in the auditorium of the main school on the 19th, when fire chief Kinnear will address the students on fire prevention. Attempts are also being made to obtain films for showing during the afternoon.

C.W.L. Hold
Successful Tea

Saturday, October 6th, the C.W.L. League of Holy Ghost Catholic Church held a very successful tea and Tombola draw.

The winner of the tea prize for the afternoon was Mrs. S. Penney while the cushion was won by Mrs. Benisek and the tablecloth by Mrs. I. Caroe.

Lucky Tombola winners were: 1 Gary Alan Kuta 1239 2 Linda Beigum, 13 Jerry Small, 349, 4 Diana Drew 859, 5 Patty Kilzammon 791, 6 Andrew Harry 360, 7 Alan Farano 709, 8 L. Lekosky 193, 9 Laura Johnston, Calgary 1818, 10 B. Mandzic 1354, 11 J. Stusko 1276, 12 Julianne Fidenatius, Bellevue 1068, 13 Angie Riznata 1732, 14 Ryki Binkaz 1973, 15 Raymond Misura 529, 16 Bruno Pyralaz, Calgary 316, 17 Mrs. J. Hanrahan, 18 Mrs. H. T. Green 765, 19 Mrs. V. Orlando 619, 20 Coleen Markin, Claremont, 21 Renzo Ursidat 1587, 22 Silvio Castellano 977, 23 Amie Tulizi 796, 24 Sammy Oliva 862, 25 Lynn Burato 642, 26 Father Henke, Bellevue 1546, 27 Dele Montebatti 547, 28 Richard Semenza, Kimberley 208, 29 Esther Robukka 1938, 30 Mary Oliva 863, 31 Mrs. R. Smolik 288, 32 Linda Geidus, Legend 1610, 33 David Biegum 376, 34 Terry Kryczka 703, 35 P. Antonenko.

Annual Banquet
Set by Brigade
Present Trophy

The Coleman volunteer fire brigade will hold its annual banquet and dance in October 26.

The dance will be held in the Elks hall while the banquet, which is open to men and their wives only, will be held in the Grand Union banquet hall.

The winning squad of the Blairmore fire brigade as well as the fire chief, Tom Gibbs, and their wives will be invited to the affair where fire chief John Kinnear of Coleman will award the trophies to the Blairmore squad for having won the hose coupling competition in Coleman July 1.

The large trophy which is held for one year only will be presented to the fire chief while the members of the squad will be awarded with small permanent trophies.

Proceeds derived from the dance supply the Coleman volunteer fire brigade with funds to carry on the July 1 hose coupling competitions and also the annual children's essay and poster contest.

Canadian Legion
Bingo Winners

Following are winners in the recent Legion bingo:

1. Joe Kovak, chicken; 2. Mrs. Korné, \$5 cash; 3. Mrs. A. Phillips bowl; 4. Mrs. H. Gate, chicken; 5. Mrs. H. Maslen, towel set; 6. Mary Vicen, lamp; 7. Mrs. Perry, \$5; 8. Mrs. J. Trotz, shirt; 9. Mr. H. Newton, hamper; 10. Mr. W. Badzick, consolation \$5.

Door prize of nylons was won by T. Sudworth.

Remington
Portable
Typewriters

Cancer Society
Sponsors School
Poster Contest

A poster competition in Alberta Schools has been announced by the Alberta division of the Canadian Cancer Society.

Cash prizes totalling nearly \$1.00 have been donated by a group of Life Members of the Society who annually give funds for this purpose.

The competition requires the entrants to present simply and forcefully facts about cancer, in poster form, so that people will understand them at a glance. The posters will be judged on the importance of the message which they convey, the suitability of design or illustration, originality and general effectiveness.

The prize list in each of the Society's branch areas comprising Calgary, Crows Nest Pass, Drumheller, Edmonton, Grande Prairie, Lethbridge, Medicine Hat, Peace River, Red Deer, Vegreville and Vermilion, consists of 1st, 2nd, 3rd, 4th prizes of \$10, \$5 and \$2 respectively, in grades VII and VIII, grades IX and X and grades XI and XII. Following the branch awards grand prizes will be awarded for the best entries in the same classes in the entire province. The closing date of the contest is March 15, 1957.

Details of the contest are going out to all schools in the province. Teachers or students who do not receive the rules and regulations, and other relative information, may obtain them from the Crows Nest Pass branch, Blairmore, Alberta.

Will Enforce
Scarlet Tunic Rule
This Fall

BLAIRMORE — It was learned this week that Forestry Branch officials and game officers will strictly enforce the scarlet tunic and headgear requirement this fall.

Hunters must wear a scarlet tunic and scarlet hat or cap or they will be prevented from entering the hunting areas. Checked outfit of red and black or other colors will not be permissible and the officials have stated that the hunters will be turned back at the borders of hunting areas if they are not in possession or wearing the proper hunting garb.

The officers have been very lenient during the past seasons but an issue on this particular point will be made this year.

The matter of wearing red clothing is for the protection of the hunter and with the large increase in the hunting population over the past few years the officials have found it very necessary to strictly enforce the wearing of bright red clothing.

In Memoriam

In loving memory of John Vrskovsky, who passed away on October 17, 1954.

God knows how much we miss you,

Never shall your memory fade

Loving thoughts shall ever wander,

In the spot, where you are laid.

Ever remembered by your brother, Andy and family.

In Memoriam

In Loving Memory of My Dear Husband and Father, John Vrskovsky, Who Passed Away on October 17, 1954—

Dear, you are not forgotten. Though on earth you are no more. Still in memory you are with us.

As you always were 'before'.

Mary and Sons,
Milan and Johnny.

Card of Thanks

I would like to thank Dr. Aiello, the nurses and staff of the Crows Nest Pass Hospital, all who sent flowers, get well cards and gifts.

Mrs. J. Glendinning.

Inflation is where... and how

Appearance of inflationary tendencies in many nations at the same time has characterized the last few postwar years. In the United States and Britain monetary authorities have taken steps to check the expansion of credit, which is partly the cause of price rises. These have been only partly successful.

And now France sees the costs of fighting in Algeria mounting while the trade balance goes against France. Higher consumer imports, lower agricultural production caused by the very cold winter, a drain on manpower for the army—all these influences figure in the French situation.

French experts, it is said, fear the effects of more inflation at a time when there might not be an expansion in business and output.

That would be inflation in an absolute sense. The sort of inflation the Western world has known since the war is not that. It is an inflation due mainly to expansion of production.

It is sometimes forgotten that expansion of output is itself inflationary while it goes on. It creates new jobs, puts more money into consumers' hands before the goods they can make reach the market. Meanwhile consumers bid for the good already there. It is only when output overtake demand that the process halts.

Higher taxes, restriction of installment buying, in addition to raising the price of credit generally, serve as brakes. But the fact that they do not stop what we call inflationary trends is understandable. And if they did stop, they might reverse the trend undesirably.

The goal is stability, but at a high level of output and business and job activity. How to get there and stay there is an art rather than a science, an art of economics that includes a "feel" for intangibles, an alert social conscience, and several other components of the millennium.

This kit is a 'must'

A first aid kit is a "must" for every home, cottage, office and car. It should be a well stocked container, preferably of metal kept sterile and clean. If there is a trained first aider in the family or office, the kit should be in his charge. Since certain chemicals and drugs, such as iodine, do not improve with age but become more concentrated and therefore less safe to use, they should be renewed as often as necessary. The druggist could be consulted on this. Bandages and gauze should be kept in their own packages. All tablets should be kept in their containers and never allowed to lie loose in the kit.

FALSE TEETH

That Loosen

Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their dentures have been dislodged at just the wrong time. Do not live in fear of this. Just add a little **FALSETEETH**, the alkaline (non-acid) powder, on your plate and you will be safe. It does not sour. Checks "plate odor" entirely. Get **FALSETEETH** as any drug counter.

If You're TIRED ALL THE TIME

Everybody gets a bit run-down now and then, tired, heavy-headed and maybe bothered by backaches. Perhaps nothing seriously wrong, just a temporary toxic condition caused by excess acids and wastes. That's the time to take a good Kidney Pill. Didn't know there was a kidney? Well, it's the kidney that removes acids and wastes. Then you feel better, sleep better, work better. Get Dodd's Kidney Pills now. Look for the blue box with the red band at all drug stores. Low cost. Money refunded if you are not 100% pleased.

Helps You Reduce Swollen Painful Piles

Here is a nice, clean, easy way to get real relief from the nagging distress of swollen, painful piles without the use of messy ointments, creams, suppositories, etc.

The secret is in taking just one small Hem-Rod Tablet, with water, two or three times a day. Works like a charm. Get **HEM-ROD** now. Quickly assuages constipation, relieves itching, soreness and pain. Hem-Rod is the answer to piles. Why suffer needlessly when Hem-Rod can help so much. Get a package today. See for yourself how nice Hem-Rod is. It is safe, effective and inexpensive. The more you use it, the quicker it will bring you relief. All drug stores. Low cost. Money refunded if you are not 100% pleased.



READY TO RIDE—Getting ready for a trail ride at the army cadet camp at Dundurn, Sask., is George Voden of Flin Flon. George is one of 800 boys who take seven weeks summer training and enjoy lots of recreation such as horseback riding.

—Canadian Army Photo.

Artificial breeding in cattle shows tremendous growth

(W.M. E. Howell, Animal Husbandry Department)

Partly because of the increasing number of letters received concerning Artificial breeding and partly because of the tremendous growth of this system in North America a review of latest developments in this field appear timely.

Artificial insemination is simply a method of breeding by mechanical means rather than by natural mating.

It may not be realized by all, that artificial insemination is not a new technique but was used, although crudely and with limited success, some 600 years ago by the Arabs in horse breeding. Research and improved methods of handling and storing semen have led to a fantastic improvement in the use of this means of livestock improvement since the turn of this century. Although practiced widely in Europe since the early 1900's, artificial breeding was not conducted on a commercial scale in North America until 1938. In that year, a unit was established in the State of New Jersey beginning with 102 members and 1,050 cows. From this small beginning, the practice has grown tremendously in the United States until in 1955, just 17 years later, over 54 million dairy cows in nearly 600,000 herds were bred artificially using some 2,600 bulls. This represents about 20 percent of the entire U.S. dairy cattle population and an average of nearly 2,600 cows bred to each bull.

This same expansion has been experienced wherever A.I. units have been established. For instance, about 50 percent of the dairy cattle in England and 60 percent in Denmark are bred artificially each year.

In Ontario, some 300,000 cows or about 20 percent of the province's dairy cattle are bred artificially and in B.C. the figure is around 32 percent. So the growth rate has been no less spectacular in some parts of Canada than in other countries.

This wide acceptance on the part of breeders is ample evidence of the many advantages offered, by virtue of the following factors:

1. Far better bulls can be used than a breeder could afford to purchase.

2. The cost of breeding a 25 cow herd is about what it costs just to maintain a bull for a year.

3. Eliminated the risk involved in keeping a dangerous bull on the farm.

4. Reduces the spread of infectious and contagious genital diseases.

5. Small young heifers can be bred to large mature bulls and vice versa.

6. Affords an opportunity of making planned matings to superior sires regardless of the location of the sire.

Its use in Western Canada is limited only because until recently there was no method of preserving the semen for more than a few days. This together with inclement weather and a widely distributed cattle population has prevented its general use here. However, some recent improvements in the methods of handling, storing and transporting semen have made it possible to establish breeding units in areas of much less cattle density than hitherto possible. Semen can

now be frozen to low temperatures (112 degrees F.) and maintained at this temperature in a state of "suspended animation" for long periods with very little reduction in its fertilizing capacity. This new developing enables semen to be shipped and used over much wider areas.

Two units are already successfully operating in Western Canada with frozen semen shipped in by air express from the Ontario Veterinary College at Guelph. Units at Lacombe, Alberta, and Stonewall, Manitoba, can avail themselves of semen of virtually any bull of any breed, in Ontario or wherever frozen semen is available. The Lacombe unit was formed just a year and a half ago with 120 members and 1,200 cows signed up for breeding the first year. It is on this basis and because of their success that an attempt is being made to organize a similar cooperative unit to service the Saskatoon area. But any such undertaking requires the full support of all interested breeders within a distance of 20 or 25 miles of the centre, whether they are breeders, milk shippers or cream shippers.

Once the Saskatoon unit is in operation and experience has ironed out some of the inevitable difficulties, it is not unlikely that similar units or sub-units will be organized in other districts of the province.

One obvious problem will be the acquisition of trained inseminators to perform the service in these districts. One solution to this will in all probability be the establishment of short-courses at the University, designed to train technicians to conduct artificial insemination.

Farmers face many natural hazards when rushing through the work of the harvest season. Wet weather, balky tractor motors, muddy ground . . . all can contribute to lost days in getting the crops in.

But Dick Damon of Bentley was held up late last week by a mouse nest! When he started his self-propelled combine motor last Friday, the engine purrred like a kitten for a few revolutions, then stopped with a shudder! It took valuable time to discover the seat of the trouble.

Mice had found their way through a small hole in the exhaust pipe, crawled up the pipe to nest and were safe and comfortable from the outside world installed in the manifold or in valve seats.

DIFFERENCE

The difference between success and failure is keeping your mind on your work instead of your work on your mind.

The Pattern Shop

Fashions

Crochet centerpiece



by Alice Brooks

A peacock centerpiece for your dining table! So effective—lined with colorful flowers. Body is made of easy single crochet; tail in graceful pineapple design.

Pattern 7340: Crochet peacock centerpiece, 22 inches long, in heavy jiffy cotton. Starch stiffly.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted):

Household Arts Department,
Department P.P.L.,
60 Front Street W., Toronto.

Two FREE patterns—printed in the new Alice Brooks Needcraft book for 1956! Stunning designs for you, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

Pattern 4660: Sizes 10, 12, 14, 16, 18, 20. Size 10 upper worn, 21 yards 39-inch; middle 1 1/2 yards; lower 1 1/2 yards.

This pattern is easy, simple, simple to see, tested for fit. Has complete illustrated instructions.

Send thirty cents (35¢) in coins (stamps cannot be accepted) for this pattern. Write plainly Name, Name, Address and Style Number and send orders to:

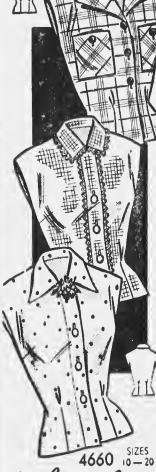
Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

Blouse wardrobe

IN THE HOME WORKSHOP

WITH MARY SPEARS



by Anne Adams

Add to your wardrobe with these blouses—a thrifty way to have many small fashions for different occasions. Starch stiffly.

Pattern 4660: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 10 upper worn, 21 yards 39-inch; middle 1 1/2 yards; lower 1 1/2 yards.

This pattern is easy, simple, simple to see, tested for fit. Has complete illustrated instructions.

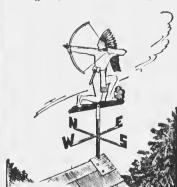
Send thirty cents (35¢) in coins (stamps cannot be accepted) for this pattern. Write plainly Name, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,
Department P.P.L.,
60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

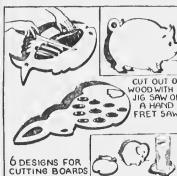
Oldtime weathervanes

The Indian weathervane design dates from Colonial times. The Indian figure is cut out of wood and painted in true Indian colors. Pattern 241 gives tracing designs for this figure, also a crowing cock



and the direction letters. Method of mounting is clearly shown. The pattern will be sent for 25 cents. It is included in the Windmill and Weathervane Packet which contains five patterns for \$1.50.

Kitchen handies you can make



These amusing cutting boards and coasters are a necessity in any kitchen. The tails make good handles when used for serving. Also note there is a hole in each for hanging in some handy place. The coasters are big enough to double as hot dish mats. Everything is complete in pattern 217; price 35¢.

Address order to:

Home Workshop Patterns,
Department P.P.L.,
4133 West 8th Avenue,
Vancouver, B.C.

unread for a couple of generations. —Robert A. Hutchins

The best teacher is not life, but the crystallized and distilled experience of the most sensitive, reflective, and most observant of our human beings, and this experience you will find preserved in our great books and nowhere else. —Nathan M. Pusey

CUNARD TO EUROPE

TRAVEL NOW

at thrift season rates!

CHOICE ACCOMMODATION AVAILABLE

IVERNIA	Aug. 31	MONTREAL to GREENOCK, LIVERPOOL
CARINTHIA	Sept. 7	MONTREAL to LIVERPOOL
ASCANIA	Sept. 12	MONTREAL to HAVRE, SOUTHAMPTON
SAXONIA	Sept. 14	MONTREAL to GREENOCK, LIVERPOOL
IVERNIA	Sept. 21	MONTREAL to LIVERPOOL
SCYTHIA	Sept. 26	QUEBEC to HAVRE, SOUTHAMPTON
CARINTHIA	Sept. 28	MONTREAL to LIVERPOOL
SAXONIA	Oct. 5	MONTREAL to GREENOCK, LIVERPOOL
ASCANIA	Oct. 10	MONTREAL to HAVRE, SOUTHAMPTON
IVERNIA	Oct. 12	MONTREAL to LIVERPOOL
CARINTHIA	Oct. 19	MONTREAL to GREENOCK, LIVERPOOL
SCYTHIA	Oct. 24	QUEBEC to HAVRE, SOUTHAMPTON
SAXONIA	Oct. 26	MONTREAL to LIVERPOOL

Frequent sailings from Montreal and Quebec during balance of St. Lawrence season

Conducted Christmas sailings from Montreal to Havre, Southampton to Greenock, Liverpool to Gretna Nov. 24 to Gretna Nov. 29 to Gretna to Liverpool

No one can serve you better

CUNARD LINE

Conducted Christmas sailings from New York Dec. 16 to Cobh, Liverpool

201 Bank of Toronto Building,

215 Portage Ave., Winnipeg, Man., Telephone 92-4206

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

The facts about Royal Jelly

Sports College has done a great deal of experimental work over the years with various food supplements, and vitamin-mineral preparations to determine which — if any — had beneficial effects on athletes and fitness in general. During the last few months we have been working with a new natural food supplement known as Royal Jelly. This is the food the worker bees supply to the queen bee, and is responsible for her amazing increase in size, productivity and length of life.

It is now believed that Royal Jelly may have some amazingly beneficial effects on humans. A great deal of research has been done by doctors throughout the world, particularly in France, and tests by Sports College under controlled conditions have had some very promising results.

We have found that the majority of people taking it report results ranging from decreased nervousness and more energy to improved appetite and better digestion. Many athletes have become very excited about the possibilities. Best results have been reported by a group of paddlers who recently clocked times better than world and Olympic records and feel that Royal Jelly helped them considerably.

Just how Royal Jelly performs these wonders is not yet completely understood. However, it is high in vitamin, protein and other elements which are very beneficial, and it is believed that it is the combined effect of all these rather than any one "magic" ingredient which makes it so effective. There is, however, one unidentified element which may contribute more than is now realized, and it also is the greatest and most economical source of pantothenic acid, which is rated as a factor in longevity.

A report has been prepared analyzing these tests with Royal Jelly and we suggest that anyone interested in learning more about it write to Sports College, Box 99, Toronto 1, Ontario.

Football players need strong necks

One of the most dangerously vulnerable spots in the average

Quick Canadian Quiz

1. Of these explorers, which first reached Canada: Verrazano, Cartier, Cabot, Corté-Real?

2. Name the second largest cities in British Columbia, Ontario, Nova Scotia.

3. This year will Canadians pay more to the federal government through personal income taxes or through indirect taxes?

4. In the most recent federal election, 1953, there were 5,701,825 votes cast. This represented what proportion of the voters on the lists?

5. Which of these countries had the largest volume of exports to Canada in 1953: The Netherlands, France, Japan, Australia, India, Brazil?

(Answers in another column)

CF-100's slated for Europe

No. 445 Squadron, located at RCAF Station Uplands outside Ottawa, will be the first of the four CF-100 Canuck all-weather squadrons to fly the Atlantic for NATO duty with the Air Force's Air Division in Europe. It was announced by Air Force Headquarters.

The flight of the Uplands squadron, and of the other three which will follow at intervals during 1957, will be known as Operation Nimble Bat. The RCAF has flown Canucks across the Atlantic before, but this will be the first such mass movement of the big two-seater jet fighter.

The 445 movement will be carried out during November, and it will fly to the Air Division's 1 Fighter Wing, at Marville, in France, where it will replace one of the three Sabre jet fighter squadrons now based there.

A single CF-100 squadron, will be located at each of the four operational bases within the Air Division. As each arrives it will replace a Sabre squadron, and aircrew thus displaced will be available for flying duties elsewhere.

PIED PIPERS NEEDED

Rats are an expensive and dangerous pest to humanity. The annual loss of millions of dollars worth of food and merchandise is due to the depredation of rats and mice. In addition, rats carry disease germs, that of the dreadful black plague being one of these. Since rats are difficult to trap, it is advisable to take other measures. A chemical called warfarin was developed several years ago and is now obtainable under various trade names by commercial manufacture. This has been found very effective in destroying the vermin.



GETTING TOUGH: One of the Egyptian co-eds at Cairo University holds a rifle high and leaps over a hedge at the Cairo Teachers' Training College. She's one of a group of women taking basic military training as part of a general program by President Nasser to strengthen Egypt.

CANCER CURE? NOT YET

Cancer cure isn't to be expected overnight from research now going on with special cancer "serum," reports The Financial Post. Medical researchers say results are still very inconclusive with no evidence so far that the serum can cure; they are doubtful about the extent to which the serum arrests the disease. It will be one or two years at least before more definite findings are available.

ANSWERS TO QUICK QUIZ

5. Japan. 3. Indirect taxes \$1,673 million, personal income taxes \$1,265 million. 1. Cabot 1497, Cortel 1561, Verrazano 1524, Cartier 1533. 4. Less than 68 percent. 2. Victoria, B.C.; Hamilton, Ont.; Sydney, N.S.

(Material prepared by the editors of QuicK Canadian Facts, the pocket annual of facts about Canada.)

Ticklers



"Daddy, would you like to hear my imitation of a cat fight?"

PEGGY



WEEKLY BIBLE COMMENT

MATTHEW CONTRASTS CHRISTIAN AND WORDLY WAYS

Four verses of the 20th chapter of Matthew present as vividly and definitely as could be stated the Christian ideal and way of life in contrast with the way of the world. The contrast is so unmistakable it is amazing so many have failed to profit by it.

Even some professing Christians and a few of those associated with the church have been more concerned about pursuing the way of the world in personal ambition for power or material reward rather than in consecrating themselves to the Christian ministry of service.

"The rulers of the Gentiles," said Jesus, "lord it over them, and their great ones exercise authority over them."

Is not that an exact picture of just what has been happening in all countries throughout the ages? To attain to power and to exercise authority has been the goal of men of great abilities and their petty imitators.

Jesus says that this is not the Christian way. In the Kingdom that He came to establish, greatness is not reckoned by lordship and authority, but by the measure of one's capacity and willingness to minister.

Whoever would be first in this Kingdom is the one who most truly serves his fellowmen, and first of all in the Kingdom is Jesus Himself, "who came not to be ministered unto, but to minister, and to give His life a ransom for many."

Repeatedly, both by prospect and example, Jesus sought to enforce this lesson concerning true greatness.

Stubborn tea stains in a tea-cup vanish when scoured briskly with table salt.

Weekly Crossword Puzzle ::

Breed of Dog

	SENIOR	SENIOR	SENIOR	SENIOR
HORIZONTAL	4 Zoological society (ab.)	5 Over (contr.)	6 Flower of —	7 Retinue of women
1	1 Depicted type of dog	2	3	4
7	7 It is a breed of —	8	9	10
13	13 Expunger	14	15	16
14	14 It is a native of Nova Scotia (ab.)	15	16	17
15	15 Dine	16	17	18
16	16 Ceremonies	17	18	19
18	18 Lieutenants	19	20	21
19	19 Body of land (ab.)	20	21	22
20	20 Insect eggs	21	22	23
21	21 Direction	22	23	24
22	22 School for tellurium	23	24	25
23	23 Hawaiian bird	24	25	26
24	24 Endure	25	26	27
25	25 Half-em	26	27	28
26	26 Meadow	27	28	29
27	27 Uncommon	28	29	30
28	28 Mine entrance	29	30	31
29	29 Art (Latin)	30	31	32
30	30 Preposition	31	32	33
31	31 Of the coming	32	33	34
32	32 Stabilized side	33	34	35
33	33 Domestic slave	34	35	36
37	37 Roman god of war	38	39	40
38	38 Diminutive of Edgar	39	40	41
39	39 Within	40	41	42
40	40 Cut up	41	42	43
41	41 Suitable	42	43	44
42	42 Cease	43	44	45
43	43 Worthless morsel	44	45	46
44	44 Warning device	45	46	47
45	45 Self esteem	46	47	48
46	46 Good in stature	47	48	49
47	47 Approached	48	49	50
48	48 Scoffs	49	50	51
49	49 Backbones	50	51	52
VERTICAL	1 Honey-makers	51	52	53
1	2 Verbal	52	53	54
2	3 Allotted portions	53	54	55

Here's the Answer



—By Chuck Thursday

RIVETS



By George Sixta



—By Les Carroll

THE TILLERS



St. John Ambulance Association



Coleman Branch

FIRST AID CLASSES

will commence on

SUNDAY, OCT. 28

and continue

Every Sunday Afternoon

until further notice in the

High School Auditorium

commencing at 1 p.m.

All interested are cordially invited to attend.

J. KILGANNON, Secretary.

COLEMAN VOLUNTEER FIRE BRIGADE

SIXTH ANNUAL

- DANCE -

in the ELKS' HALL, COLEMAN

Friday, Oct. 26th

Dancing from 9 p.m. till ?

EDL'S ORCHESTRA

DOOR PRIZE Given Away to Lucky Ticket Holder
Also Spot Dance Prize

Admission: Per Person \$1.00

Buy a Ticket and Support your Local Volunteer Brigade

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Your Dry CleaningDry Cleaning - Pressing - Repairs
Alterations and Made-to-Measure SuitsWe are as close to
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Pick-up Service TUESDAY - Delivery FRIDAY

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"Dollars and Sense"

One of the best ways to
encourage good sound sleep

Is to have a good sound bank balance. Regular savings can make life a lot pleasanter in a hundred and one other ways. You may want the down payment on a home of your own, a TV set or a car... perhaps the children's education is on your mind or a leisurely retirement someday. Whatever it is that you want or need, you have to learn the secret of putting something by regularly. Pay by you store away the money except in emergencies till you reach your savings goal—then you start saving for the next one. Why not open a Savings Account with us today?

THE CANADIAN BANK OF COMMERCE
COLEMAN BRANCH - E. D. HOWARD, Manager

Personalities
IN THE NEWS

Albert's Bowling Alley has taken on a new look during the summer months as the proprietor has redecorated the interior of the premises for the winter months.

At the regular meeting of the St. Alban's Church Ladies guild the arrangements were made for a whist drive to be held on Monday, Oct. 29, for both ladies and gents.

Mrs. G. P. Thomson of Calgary was the weekend guest of her sister and brother-in-law, Mr. and Mrs. A. E. Graham.

The many friends of Leroy Failler will be pleased to hear that he is back at school again after being a patient in the Belcher hospital, Calgary.

Born to Mr. and Mrs. Zur, on Wed., October 10, at the C.N.P. hospital, a son.

Tickets are now available for Mayor W. Hawrelak Banquet on October 23rd, from the Coleman Pharmacy to ask any Board of Trade member.

AD

Darlene Korman entertained 24 juvenile friends at a party last Friday evening, the occasion being her 14th birthday. Dancing and games were enjoyed after which a dainty lunch was served by her mother, the table being centered with a candle decorated cake. The assembled friends presented Darlene with a 6-piece dresser set and a pink chrome plate for which she very ably thanked all. All joined in singing "Happy Birthday" and "She's a Jolly Good Fellow."

Mr. Mike Korman spent the week end with his family here, he is now employed at Glenwood on a construction crew.

Mr. O. Fry accompanied by his son Butch of Calgary, visited in Coleman last week and enjoyed a few days fishing. Mr. Fry stated he is enjoying much better health.

Friends of Mr. Dave Sudworth will be glad to hear that he has returned from a Lethbridge hospital where he underwent eye surgery. The eye, injured in an accident is all right again.

Mr. R. T. Maslen of Regina, visited recently with his son and daughter-in-law, Mr. and Mrs. H. J. Maslen.

Mr. and Mrs. Tets Kitaguchi of Milk River were the guests of Mr. and Mrs. George Yoshinaka over the Thanksgiving week-end.

Mrs. J. Glendinning is home again after being a patient in the Crows Nest Pass Hospital for several weeks.

Mrs. Peter Smith visited with her son-in-law and daughter, Mr. and Mrs. Ray Neddo at Harthead.

Mr. and Mrs. J. Curtis are the parents of a daughter born on October 9.

Elise Weltens in training as a nurses aide at the Hanna Hospital and Marion Fauville in the same occupation at the Brooks Hospital, visited their parents recently. From here they will go to Calgary to complete their training.

Friends will be sorry to learn that Mr. W. Milley, Mrs. Edgar Allen and Mrs. Anna Jones are patients in the Crows Nest Pass Hospital.

Mr. J. A. McIsaac of Nova Scotia, who has been visiting at the McQuarrie home, is a patient in Crows Nest Pass Hospital.

Mrs. Mae Pilfold, who recently returned from a European tour visited with her brother-in-law and sister, Mr. and Mrs. C. Coover.

Mrs. S. Beneko of Wetaskiwin was here for the funeral of her husband, who died last week.

Classified Ads

FOR SALE or RENT

HOUSE FOR SALE -- Fully modern, 2 bedrooms, front room, kitchen, bathroom, pantry, back and front porch, full basement with garage, pantry and furnace. Apply to Mr. W. Filewich, Main Street, Coleman. 2np.

HOUSE FOR SALE -- Six-roomed House on Fifth St., Coleman, large heated sunporch, bathroom and furnace. Apply to Mrs. H. J. Maslen. Phone 3612, 2tp.

FOR SALE or RENT -- Two roomed House with bath. Suitable for elderly couple. Apply to J. Kovocik, Sr. West Coleman. 3tp.

FULLY MODERN HOUSE -- two bedrooms. Sitting Room, Dining Room, Kitchen and Bathroom. Also New Furnace. Apply to Mrs. H. Newsome. Phone 2902, West Coleman.

FOR SALE -- 6 room modern house in West Coleman. Newly finished and re-decorated. Hot water heated; full size basement, with or without furniture, all new. Apply Mr. Ed D'Appolonia.

COUNTER CHECK BOOKS
Apply Coleman Journal.

ST. PAUL'S
United Church

— COLEMAN —

Rev. R. MacAulay, Minister
Sunday, October 21
10 a.m.—Church Service.
11:15 a.m.—Sunday School
7:00 p.m.—Church Service
Tuesday, October 9
4 p.m.—Junior Explorers
Thursday, October 11
6 p.m.—Junior Choir
Friday, October 12
3 p.m.—Senior Explorers
2nd Monday of each month
at 7:30—Good Will W. A.
3rd Monday of each month
at 8 p.m.—Men's Club.
Wed. at 3:30 p.m.—Mission Band
1st Thursday at 7:30 — Senior Ladies Group
2nd Thursday at 7:30 p.m.—Women's Missionary Society.

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MOTOR OIL you use,
call and see us, we
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American Brands.

- O-K -

RUBBER STAMPS
PROMPT SERVICE
The Coleman Journal

NOW IS THE TIME TO
PAY YOUR SUBSCRIPTION

A number of subscribers are behind in their subscription dues to The Journal, and the label on your paper gives the expiry date.

Annual subscription accounts will be mailed out after Nov. 1st. You can save us considerable expense and time by paying your subscription arrears within the next three weeks. This courtesy would be appreciated.

We have just received...

the new
1956-1957
Mary Maxim
SWEATER PATTERNS



11 SMART NEW SWEATER DESIGNS!

We are sure you will be pleased with the wonderful new selection of patterns... in addition to those shown above are others such as the Pheasant Hunt, Antique Autos, Hackey, Pirate, Clown, Elephant and Three Little Pigs, etc. You'll want to see them before you make your knitting plans for the coming season.

We have a complete stock on hand of the famous
MARY MAXIM 4 PLY NORTHLAND WOOL

This quality wool has been specially created for use with
Mary Maxim Patterns. A portion of the original skeins are
retained in the wool, giving garments remarkable wear and
repeating qualities. Be sure you use only Mary Maxim
Northland Wool for your sweater. Available in a
complete color range.

95c

PER 4 OZ. SKEIN

Call in soon and see us about these fascinating, new
sweater designs... and the wool to knit them up!

Frank Aboussafy
Main Street, Coleman

COLEMAN ELKS

PRIZE

BINGO

IN THE

Elks' Hall, Coleman

ON

Fri., Oct 19

AT 8 p.m. SHARP

Admission: \$1.00 for 12 Games
BONUS CARDS 25c

\$70 Jackpot to go in 54 Numbers

Also \$25 Cash Prize and 10 Good Prizes

AMPLE PARKING SPACE IN LOT AT THE
REAR OF THE BUILDINGCome and get credit for Season's Attendance Jackpot.
Bring your Credit Cards with you.NOTICE--Anyone Playing Bingo, Adults or
Children, must purchase a \$1.00 Admission Ticket

Winter Preparations

We carry a complete stock of:

STOVE PIPES - ELBOWS
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WARM MORNING HEATERS
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WEATHER STRIP, by the foot or by the set

COLEMAN HARDWARE and Furniture Company

W.Dutil, Prop. Phone 3639

Dial 3703 | **PARK'S** | Prompt Delivery

Sugar, 10 pounds for \$1.03

Corn Flakes, *Kellogg's*, 2 pkts. 49

Milk, 6 tins for .99

Fine Cocoanut, per lb. - .35

Raisons, California, 2 for .57

Capri Wafers, 2 for .43

Strawberry Jam, *H & P.*, 4 lb. tin - \$1.29

Peanut Butter, Squirrel, jar .59

Aerowax, quart tin - .75

Cake Mix, *Ogilvie's, Free Show Ticket* 2 for .79

Crab Meat, Skipper, tin - .55

Corned Beef, Hereford, tin .47

H. P. Sauce, per bottle - .35

Worcester Sauce, bottle - .29

Ketchup, Heinz, per bottle .35

Soup, *Campbell's, Tomato or Vegetable* 4 tins .59

Scotch Broth, *or Chicken* 4 tins .79

Red Salmon, fancy, tin - .53

Apple Filling, *Sunripe* 2 tins .55

Sundae Sauce, *Special* 2 tins .39

Peas, Prairie Maid, 2 tins 29

Apples, Case - \$2.39

Ice Cream, half gallon .99

Cordeal, Eaman's, 24 oz. .49

The door prize was won by Mrs. T. Little of Michel.

Following a delicious lunch served by the hostesses Mrs. N. Goulding presented the bride with a host of beautiful gifts. The gifts given by the assembled guests were a chrome kitchen suite, a set of aluminum ware, roaster, stainless steel cutlery set, can opener, bedspread and kitchen tools and canister set.

The hostess gift was a dinner set for eight persons.

Hosts of gifts such as pillows, blankets, dishes, cups and saucers, and many others were received from many well-wishing friends.

Joy thanked all those present and those unable to attend for the lovely gifts and gave a special thanks to the hostesses.

The bride was assisted in opening her gifts by several of her former school chums, Carol D'Amico, Hilda Smith, Leah Jones, Florence Berlin, Sheila Penney and Joan Hirst.

Hostesses for the evening were Madames M. Cornet, H. Nelson, A. Hardy, M. Rizzo, G. Misura, Capola, J. Kowewka, M. Juhlin, R. Ruppen, W. Hammer, J. Bartalotti, G. D'Amico, J. Goulding, J. Kerr, W. Ford, G. Atkinson, B. Bond, A. Bernadette, A. Wilson, E. Stonehouse, A. Montalbetti and J. Peknik.

The Misses Leah Jones, Hilda Smith, Joan Hust and Florence Berlin.

Light in Darkness

Light is so important in our daily lives that we are paralyzed when a power breakdown occurs. Yet not many of us realize that the blind are always in the dark. Some time ago two blind men were weaving at an exhibition. A fuse blew and the lights in that part of the building went out. There was instant confusion.

Yet the two blind men went on working.

Because all our activities are planned with the assumption of sight, a different technique must be applied to living for the sightless. That is where the work of the Canadian National Institute for the Blind is so important.

For nearly 40 years the CNIB has been studying the best way to solve the problems of the blind. Through the training which the CNIB offers to those who have lost their sight, the ways of living and moving and working in the dark can be learned. The sen-

ses must be reoriented.

Emphasis changes from sight to touch and hearing. Four senses must do the work of five.

More important even than physical adjustment to lack of sight is its acceptance by the mind and spirit. CNIB services have been designed by men without sight themselves to light a path for others in a darkened world. Only a blind persons can lead physically blindfolded, towards a healthy, constructive mental attitude towards his handicap.

Among the many services rendered by the CNIB are Home Teaching, Social Service, Braille and record library, employment supplying raw materials to homeowners, special appliances and many more.

Through these services more than 20,000 blind people in Canada today have learned to pass the dark hours more happily than would have been possible without the services of this great organization.

The annual campaign of the CNIB in all non-Community Chest areas is now on. Its work cannot continue without the support of a generous public. You can lend a helping hand to those who cannot see. GIVE NOW—generously.

The CNIB campaign convener in your district is Mrs. Nora Goulding, Order of the Royal Purple.

Headquarters of the Southern Alberta branch 406, 16th ave. N.W. Calgary, Alberta.

large dividends. It is a well known fact that one of the best and cheapest means of drawing new customers is to satisfy the old.

The other problem that would be solved — or at least partially solved — is the aggravating situation existing with regard to the so-called fishermen from across the Alberta border who, for the payment of the \$3.50 non-residents' fee, are permitted to exploit British Columbia's waters to their hearts' content. The \$1-a-week would tend to discourage these pseudo-tourists.

While in all likelihood some flaunting of regulations and laws would continue it is not unreasonable to expect that a change in the cost of licences would not cause these incidents to increase. In any event, that is a problem for enforcement officers.

What is of greater importance at present is pressure on the Fish and Game branch by all organizations interested in promoting better relations with tourists or in preservation of British Columbia's wild life.

Letter to the Editor

1917, Westmount Road, Calgary, Alberta. Oct. 10, 1956.

Dear Mr. Holsted:

In the issue of September 26th I noticed the write-up of my daughter Norma's wedding. If you have any spare issues on hand will you please send me six.

Please find enclosed a money order for \$3.50 to cover and also renew subscription for The Journal.

We are always interested in the news from the old home town.

Thanking you.

Yours truly,

Mrs. J. W. Shields.

With the do-it-yourself trend growing by leaps and bounds, tool care is more and more important. Don't use gasoline or solvents for cleaning if you want to prevent corrosion and rust. Clean tools in four ounces of No. 10 engine oil mixed with one quart of kerosene then wipe with a dry cloth. The kerosene dissolves grease, the oil provides an air-proof coating that prevents rust.

New Fishing Fees

(From the Fernie Free Press)

A recent resolution by the Fernie Chamber of Commerce advocating a revision of fishing licence fees for tourists appears to contain the solution of two problems that have plagued this part of British Columbia for some time and is deserving of the backing of interested organizations.

The \$1-a-week fee for non-residents proposed by the Chamber would have the effect of encouraging tourists to spend a few pleasant hours or days of relaxation at British Columbia's mountain lakes and streams at a reasonable cost to themselves and without depleting fish stocks to any appreciable extent. They would return to their homes more satisfied and happy with the treatment accorded them in this province.

From an advertising point of view alone, a new deal should pay

SENSATIONAL SAVINGS

99¢ SALE

33 Household Items at this Terrific Saving

QUANTITIES LIMITED

SEE OUR WINDOW DISPLAY

MODERN ELECTRIC

"Everything Electrical"
R. A. Montalbetti, Prop.

Hardware and Furniture
Phone 3647, Coleman

Plan Now To Visit The Royal Winter Fair TORONTO, NOV. 9-17

The Canadian Pacific offers low cost Semi-All-Expense round trip package tours from Edmonton, Calgary and Saskatoon, Nov. 8th; Swift Current, Moose Jaw, Regina, Weyburn and Winnipeg, Nov. 9th; Fort William and Port Arthur, Nov. 10th... Return with the party Nov. 17th, or independently.

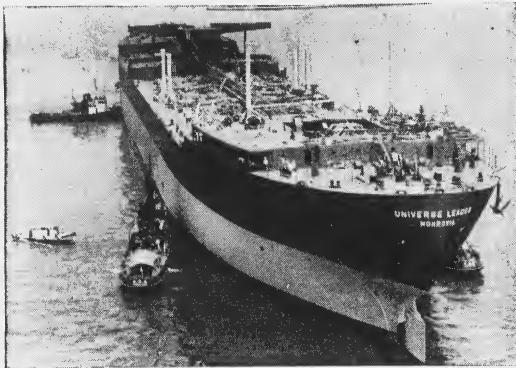
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WORLD'S GREATEST TRAVEL SYSTEM



For cash or by instalments through your investment dealer, bank, trust or loan company, or on the Payroll Savings Plan where you work.

World Happenings In Pictures



WORLD'S LARGEST TANKER—The "Universe Leader," world's largest tanker, hits the water at the Kure dockyard in Japan. The mammoth ship, weighing 84,730 tons and costing more than 10 million dollars to build, will be completed some time in October. An American vessel, it will be placed on the Iran-North America run under Liberian registration.



HER FAMILY WIPE OUT IN CAR ACCIDENT—Seven-year-old Rose Marie Conger lies in a Rapid City, S.D., hospital recovering from a two-car accident that killed her parents; two sisters and a brother. Four men riding in the other car were also killed. Rose Marie suffered a leg fracture.



EZIO PINZA, left, the 64 year old Broadway musical star who suffered a slight paralytic stroke at his summer home near Ravenna, Italy, is shown with his family as they left New York for Italy last June 12. From left to right Pinza, his wife, Doris, son Peter, 11, and daughters Celia, 13, and Gloria, 5, with the pet dog "Satan." Pinza has cancelled his contract to appear in a play next season.

(News-Optimist, North Battleford, Sask.—July 25, 1956)



43rd (NORTH BATTLEFORD SQUADRON)—The picture was taken at the RCAF Summer Camp at Abbotsford, British Columbia, where RCAF men from across Canada are taking part in the summer camp. The 43rd Squadron, North Battleford, members pictured above are: (left to right) back row—Cpl. A. Vanhook, LAC K. Hartman,

center row—Sgt. G. Pruden, Cpl. J. Hagerman, FO. A. J. Greenwood, LAC H. T. Stacey, and LAC J. Kochan; front row—LAC R. Jones, LAC E. Somers, Mr. J. Brown, LAC J. Millar and R. Startup.

SAFETY FIRST
Children are unpredictable.
It's sad but very true.
As a driver be responsible.
Their safety is up to you.

RUSIAN—A Russian-style Persian in favor. Genuinely Persian in color, Genuinely Persian in a muted plaid of mauve, green and black, trimmed in mauve-dyed Persian lamb. The matching toque is dyed to the same shade.

RUSIAN—A Russian-style Persian in favor. Genuinely Persian in color, Genuinely Persian in a muted plaid of mauve, green and black, trimmed in mauve-dyed Persian lamb. The matching toque is dyed to the same shade.

MRS. ROSE GOLDSTEIN, 70, fingers a hoard of bills, over \$5,000 worth, at her flat in Brooklyn, New York. Police, called in to investigate two recent burglaries in which the party deaf and blind woman was held at gunpoint, found the money and a key to her safe at the bottom of an old trunk the key of which Mrs. Goldstein had lost. Dressed in tatters and living frugally the old woman has now agreed to place her money in a bank.



THEY MUST PART—This newly married couple still manage to smile as they take their last walk on the quay at Southampton, England, before the husband embarks in a troop ship for the Mediterranean.

EDITORIALS

from other weekly papers

(These are not necessarily the views of the editor of this paper.)

Coal industry not lost

(From The Brandon Daily Sun—July 23, 1956)

With the advent of natural gas in such large quantities the coal industry in Alberta has taken a terrific beating. Hundreds of mines have been shut down, and employees forced to seek other employment. Once thriving coal centres have become mere ghost towns. Even at the present time the future for industry looks bleak.

However, men "at the top level" in the coal industry have a different opinion. They readily admit that for the present the industry will find tough sledding, but in the not too distant future the fortunes of the coal industry will begin to rise.

"Coal," said the magazine Business Week some time ago, "is energy. And energy is the fastest growing part of the economy . . . So if coal's future isn't tremendous, no one's can be . . ."

On the same subject the Christian Science Monitor goes on to say that regularly now coal operators, coal carrying railways, and the miners' union and an "unprecedented partnership" are indicating the setting up of a giant shipping corporation to expedite coal to a growing European market.

Business Week cites the following reasons for its optimism for coal: Price trends of gas and oil now favor coal (no room, no convenience); coal has written off the railroads (locomotion) and adjusted to the loss; coal mining is in the front line of production efficiency; big customers are moving from the distant rail sidings to the mine mouth; coal as a source of synthetic products and automatic fuels promises to rival gas as simply a "solid fuel under boilers."

So while the coal industry seems at present in a precarious state, there is good reason to believe that its future is due for a tremendous surge. It is too big an industry, too valuable an employment source and too rich a natural resource to let languish in its present state. The signs are now out that material improvement is on the way.

Deep thinker!

(From The Mail, Drumheller, Alta.—Aug. 1, 1956)

Such terms as "inferiority complex" and "super ego" are part of everyday language. But they are comparatively new. They stem from the man recognized as the father of modern psychiatry — Sigmund Freud, whose birth centenary is being marked this year.

Freud, born a Jew in an area of Europe now enclosed in Czechoslovakia, was taken as an infant to Vienna and lived there for 78 years until the Nazi surge into Austria forced him to leave for Britain. He died there a few weeks after the outbreak of the Second World War, at age 83.

Psycho-analysis has become part of the modern scheme of things since Freud first developed the theory that all human motivation is unconscious, stemming from the complicated mental apparatus lying deeper than the conscious brain.

Dr. Edward Glover, a British psychologist who was a pupil of Freud, is one of the experts in many lands paying tribute this year to Freud, whose birth date was May 6, 1856. In a BBC broadcast Dr. Glover said "there is hardly a mental hospital or out-patient centre, or a child-guidance clinic or indeed any organization that deals with the problems of individual or social adaptation, the staff of which does not employ principles that were laid down by him."

Mind and consciousness were supposed to be one and the same until Freud's discovery of the unconscious. Freud developed the history of the unconscious mental apparatus from infancy onwards, studied the infantile forms of the instincts that set the apparatus in motion, described the emotions and effects such as anxiety and guilt that can disturb its function, and the various mechanisms whereby the mind can effect control—the best known of which is called repression.

The discoveries Freud made opened new worlds of thought to the experts. The fate of the grown-up was seen to be determined not by immediate circumstances but by the unconscious pattern laid down in childhood.

Freud's influence has been powerful in many directions, and not least in the implications of his views on the development of children. He taught that if man is to succeed in controlling his primitive instincts, the necessary measures to offset these changes must be set in motion during infancy and childhood.

And this was a discovery that applies to every family today.

Sportsmen urged to help protect Whooping Crane

Saskatchewan sportsmen are warned to be on the lookout for the Whooping Cranes during the forthcoming waterfowl and game bird hunting seasons.

Fred Bard, director of the Saskatchewan Museum of Natural History, says that the birds have not had too successful a summer, and warns hunters to be careful not to shoot any.

If they are seen in any particular area they will probably be staying for a few days and the museums should be notified immediately so that the area may be posted to insure a safe passage for the birds through the province, Mr. Bard said.

Farmers, sportsmen and the public generally can help preserve the Whooping Cranes by staying away from them and reporting their whereabouts to the proper authorities.



WHOSE PICTURE ARE YOU DIALING?—The hear-and-see telephone of the future aren't far away any more. Floyd K. Becker, a Bell Telephone Laboratories engineer, demonstrates a successful model of a picture-phone system. A two-by-three-inch screen and small transmitter, left, are the principal components of the system, which uses only one extra telephone line on the customer's premises. It will be possible to dial a caller's picture like an ordinary telephone call. Bell engineers have transmitted recognizable pictures between New York and Los Angeles.

Honey and how to use it

Honey carries the aroma and flavor of the flowers from which it was gathered, and contains in addition mineral matter, traces of protein, and some of the vitamins according to an article appearing in the O.A.C. Review and Alumni News.

The color and flavor of honey vary with the source of nectar. Most honeys are blended to a certain extent, since it's impossible to prevent bees from visiting different kinds of flowers during a given period.

The lighter honeys are usually milder in flavor while the darker honeys are stronger in flavor. White honeys are obtained from clovers, fireweed, raspberry, and occasionally other fruits. Golden and amber honeys are obtained from red clover, rape, goldenrod and mixtures of other fall flowers. Honey is sold as comb honey, liquid honey, or granulated honey.

Comb honey is honey in the comb, usually in square sections, as it was stored by the bees. It is served just as it comes from the section, or cut into individual pieces. The "chewiness" of the wax adds to its attractiveness.

Liquid honey is obtained by uncapping the comb and extracting the honey by centrifugal force. If warmed slightly, liquid honey will pour from a container in a thin, fine stream. All Canadian honeys will granulate quite readily and are easily reliquified by being warmed in a double boiler or placed in a pan of warm water.

Processed honey, sometimes just called "pasteurized" honey, is honey which has been allowed to granulate under controlled conditions in order to produce a smooth texture which will spread readily. This honey is not changed in any way except in size crystals. The smaller the size of crystals the smoother is the texture of the honey. In Canada, honey is generally preferred in this form.

If allowed to granulate naturally, honey may vary in texture from fine to very coarse, or half liquid and half granulated.

Since honey is a delicate natural food, it should never be heated longer than necessary, and if it is to be reliquified the heating should always be carried out in a double boiler. Once the honey is liquid it should be cooled as rapidly as possible.

If honey is left exposed to a damp atmosphere it takes up water and becomes more dilute. It then has a greater tendency to ferment, unless it has been pasteurized. All honey therefore should be kept in a dry atmosphere. Solid honey tends to liquify at high temperatures and should be stored in a cool place, but not in a refrigerator. At low temperatures

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Sask. egg exhibits take prizes at C.N.E.

Three Saskatchewan exhibits of eggs have been awarded prizes at the Canadian National Exhibition. F. E. Payne, Saskatchewan Poultier Commissioner announced. Mr. Payne said three exhibits of white grade A eggs were entered from Saskatchewan in competition with 70 other entries from throughout Canada. These exhibits were in 30 dozen lots. All three Saskatchewan exhibitors won prizes.

In the First prize group were the Zenith Poultry Farm, Regina, and Mrs. C. Loveridge of Duff.

In the Second prize group was J. Thor Thorgeirson of Bredenbury.

Late hours may not be good for one, but they are not so bad for two.

Strictly Fresh

"You should have been living in Hoboken when I was a boy," reminisced old Mr. Schultz. "The water supply was never adequate. People had to boil and reboil it so they could use it over and over again."

"Didn't you get sick from it?" asked somebody. "No," said Schultz, "was the reply. "We drank nothing but beer!"

During these golden days, treat your nose to the spicy scent of pumpkin pies drifting from homes all along your street—as housewives pop frozen, pre-packed goodies into the oven.



Sure sign of autumn — the stores will soon be showing spring fashions.

Mr. Goldstein treated himself to a new hat, but his wife failed to approve of his selection. What she said, in fact, was "Moe, is that hat, you really look like a first-class idiot."

"I know," agreed Mr. Goldstein sadly, "but when the salesmen jammed it on my head and let me to a mirror, I looked too stupid to argue with him."

Fast driving

Frequently one sees a car roar past at a furious pace and further down the highway passes the vehicle parked while the occupants are eating lunch, loafing on the grass or fishing or doing something equally unimportant. So why the hurry? — Trenton (Ont.) Courier-Advocate.



Ingersoll Baby Roll! Man, there's a cheese for you... made from fine Canadian cheddar and aged to just

the right peak of ripe maturity. For parties or snacks — or for a mouth-warming chunk of wholesome goodness anytime — there's nothing like Ingersoll Baby Roll.

This famous process cheese comes in pound and half-pound sizes.

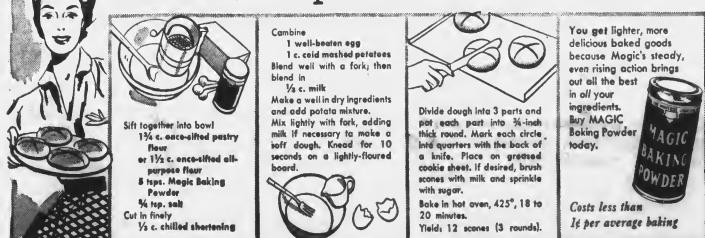
INGERSOLL CHEESE CO. LTD.

INGERSOLL, ONT.

Makers of Fine Cheese Since 1880

BR. 10

Make these simple POTATO SCONES tomorrow!



Combine

1 well-beaten egg

1 c. cold mashed potatoes

Blend well with a fork; then

blend in:

1 c. milk

Make a well in dry ingredients

and add potato mixture.

Mix lightly with a fork, adding

milk if necessary to make

soft dough.

Turn out onto a floured

board.

Cut in finely.

1/2 c. chilled shortening

Divide dough into 3 parts and

pat each part into 3/4-inch

thick round. Mark each circle

into quarters with a fork.

Place on a greased

cookie sheet.

If desired, brush

scones with milk and sprinkle

with sugar.

Bake in hot oven, 425°, 18 to

20 minutes.

Yield: 12 scones (3 rounds).

You get lighter, more delicious baked goods because Magic's steady, even rising action brings out all the best in all your ingredients.

Buy MAGIC Baking Powder today.

Costs less than 1¢ per average baking.



Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, October 18th and 19th

Humphrey Bogart - Gene Tierney

"The Left Hand of God"

Drama - CinemaScope - Deluxe Color

ADMISSION PRICES 65c - 35c and 30c

Saturday and Monday, October 20th and 22nd

Jane Wyman - Charlton Heston

"LUCY GALLANT"

Drama - Vista Vision - Technicolor

Matinee Saturday at 2 p.m.

Chapter No. 6 of the Serial "BLACK ARROW" at Matinee Only.

Tuesday and Wednesday, October 23rd and 24th

Rossana Podesta - Jack Sernas

"HELEN OF TROY"

Drama - CinemaScope - Warner Color

ADMISSION PRICES 65c - 35c and 30c



Wednesday, Thursday, Friday, Saturday
October 17-18-19 and 20

Don't miss this 'penny' opportunity. Only during the Rexall Fall One Cent Sale can you get two regular size packages for the price of one, plus only 1c. Over 250 bargains to choose from. Be sure to get a copy of the big two-color Sale circular.

Typewriters, Typewriter Cases and Ribbons

Order Your Parts Here and have your machine in good working order

COLEMAN PHARMACY

Coleman

Alberta

SALE On Towels

New shipment of the famous "Cannon" Towel in a large 22 x 44 size. Splendid quality of cotton terries at a very low price. They're fleece soft, and deep looped to soak up water. Shades of Green, Pink, Yellow and Blue. Special **A Pair \$1.55**

Boy's Hood Corvette Coats

Made of Charcoal Grey All Wool Fleece, with satin quilted lining, two roomy side patch pockets, fly front zipper, four toggle closure and wrist cuffs. Sizes 10 and 12 only. Regular \$10.95. SPECIAL **\$8.49**

Freeman's Ltd.

Main Street, Coleman

Weddings...

WILKIE - WILSON

St. Albans' Church in Coleman was the scene of a very pretty autumn wedding recently when Miss Mary Margaret Wilson, only daughter of Mr. and Mrs. Adam Wilson of Coleman, became the bride of James Gordon Wilkie, eldest son of Mr. and Mrs. James Wilkie of Creston.

Rev. Dykes performed the double ring ceremony before an altar banked with baskets of chrysanthemums. Mrs. Steve Penny provided the wedding music and during the signing of the register Mrs. Gwen Cousins sang a Wedding Prayer.

The bride, escorted by her father, chose a graceful lace bodiced ballerina-length gown, featuring lily-point sleeves and a multi-tiered nylon net skirt. Her chapel length veil was held by a lace hand which was trimmed with tiny seed pearls. Her only ornament was a tiny gold cross which was a gift from the groom. She

carried a bouquet of red roses.

In contrast to the white bridal gown, the attendant wore a pretty orange ballerina-length gown of pastel yellow with matching head dress and she carried a colonial bouquet complimentary to her gown. Carol D'Amico, cousin of the bride, attended as bridesmaid.

Little Sharon Wilson, of Bellevue, was flower girl. Leading the wedding procession she looked charming in a nylon blue and pink dress with matching headress. She carried a basket of autumn flowers.

Mr. Don Wilkie of Creston, brother of the groom, was best man. Keith Wilson and Donald Wilson were ushers.

For her daughter's wedding Mrs. Wilson wore a rosewood afternoon dress with white accessories. Mrs. Wilkie wore a navy blue dress with matching accessories. Each wore a corsage of pink and white carnations.

A reception followed at the Elks Hall. The bride's table was centered with a three-tiered wedding cake banked with yellow 'mums'. The toast to the bride was given

by Don Wilkie to which the groom responded.

Telegrams of congratulations were read.

Out of town guests were from Victoria, B. C.; Brooks, Alberta; Calgary, Alberta; Bellevue, Alberta; Creston and Ponoka, Alberta.

The young couple will reside in Calgary after spending a honeymoon in several U. S. centers.

Window envelopes must now carry return address

According to a regulation contained in paragraph 410, item 4, of the Official Canadian Postal Guide all window envelopes should carry the return address on the outside of the envelope.

While some firms accomplish this by having the return address imprinted as part of the postage meter impression, this is undesirable from the Post Office viewpoint. They prefer that the return address be printed at the top left corner of the envelope.

The Senior Ladies Group of St. Paul's United Church will hold a

Hallowe'en

Pumpkin Pie Tea

in the Church Club Room

Friday, Oct. 26

from 2.30 to 5.30 p.m.

Tea and Pie 25¢

The PRIZE QUILT made by the ladies will be on display during the afternoon.

- O-K -

RUBBER STAMPS

PROMPT SERVICE

The Coleman Journal

PEANUT BUTTER — Squirrel 16-oz. Jar **45¢**

CREAMED HONEY — Alpha — Pure 2-lb. tub **69¢**

LEMON CHEESE — Nabob, Good or Toast 10-oz. Jar **33¢**

INGERSOLL CHEESE SPREAD — 8-oz. Jar **35¢** 16-oz. Jar **59¢**

HONEY BUTTER — Cherry Hill, Plain or Cinnamon Flavor, 11-oz. Tub **45¢**



J. M. ALLAN
Phone 3617 FOR FREE DELIVERY BETTER SERVICE MORE SATISFACTION

B. C. McIntosh Apples

Buy them by the Box and Save. Good size and color. Have a Box on Hand for Hallowe'en. HANDY-PAK BOXES **\$2.39**

STRAWBERRY JAM. H. and P. Brand. It's Good. It's Pure. 2 pound Tin **75¢** 4 pound Tin **\$1.29**

FLOUR---Ogilvies Royal Household. Packed in Pillow Case. 100 lb. sack for - **\$6.69**

MILK	COFFEE	TEA	TEA	SUGAR
All Brands Tall Tins 6 tins for	Koban Vacuum Packed Tin per lb.	Red Rose Orange Pekoe Tea Bags Package of 60	Lipton's Orange Pekoe The Brisk Tea 1-lb. pkg.	B.C. Pure Cane Factory Filled 5-lb. Sack 10-lb. Sack
99¢	\$1.17	79¢	\$1.29	59¢ \$1.05

For Fresher Eggs, Try Mrs. Horn's

Fresh Supplies Daily

Squirrel Peanut Butter — 4-lb. tin	99¢	Tuna Fish — Solid white, Cloverleaf, per tin	45¢
Mince Meat — Empress, it's good, 24-oz. jar	55¢	Shrimps — Cloverleaf, small wet pack — tin	59¢
Lard — Swift's Silverleaf, fresh, 2 lbs.	39¢	Crab Meat — Skipper, per tin	55¢
Potted Meats — Puritan, assorted	2 tins 33¢	Tuna Fish — Crawford's light meat, per tin	29¢
Ham and Turkey Spread — Puritan	2 tins 35¢	Chicken — Boulter's Home Style, 8-oz. jar 16-oz. jar	89¢ \$1.69
Pork & Beans — Broder's Best, 15-oz. tins	2 for 25¢	Half Chicken — For quick frying, each	\$1.15
Pork & Beans — Campbell's, 20-oz. tins	2 for 53¢	Whole Chicken — for quick frying, each	\$1.85
Perky Dog Food	10 tins \$1.23	Chicken — Summerside jellied, per tin	55¢
Gum — Spearmint or Doublemint — Carton	\$1.05	Tuna Noodle Dinner — 6 ways to serve, tin	40¢
Salmon — Cloverleaf, Red Sockeye, 1/2-lb. tin	53¢	Vegetable or Tomato Soup — Campbell's	3 tins 45¢
Salmon — Red Sockeye, Court Brand, 1/2-lb. tin	49¢	Corn on Cob — Taste Tells, 28-oz. tin	29¢
Corn Beef — Hereford, 12-oz. tin	47¢	Tomato Juice — Libby's or Heinz, 20-oz. tins	2 for 39¢
Smoked Oysters — Geisha	2 tins 57¢	Green or Wax Beans — Fancy cut, 20-oz. tins	2 for 45¢
Sausages — Burns' Campfire 14-oz. tin	55¢	Corn — Fancy Cream style, 20-oz. tins	2 for 45¢
Chopped Beef — Swift's Premium	45¢	Peas & Carrots Mixed — Broder's Best 15-oz. tin	2 for 39¢
Sirloin Tips with Gravy — Puritan — per tin	79¢	Beets — Libby's Sliced, 20-oz. tin	27¢
Meat Balls with Gravy — Puritan — per tin	49¢	Green Lima Beans — Libby's, 15-oz. tin	27¢

Extra Special--Johnson's Super Hard Gloss, Bonus Pack Tin, $\frac{1}{3}$ Extra Free, Quarts **\$1.13**

GRAHAM WAFERS	VANILLA WAFERS	CHOCOLATE PUFFS	NICE or CARMEL CRUNCH COOKIES	FIG BARS
Christies' or I.B.C. Fresh, pkg.	Christies' Fresh package	Paulin's, Just In package	Peak Freans pkg., each	Paulin's Golden Fresh, pkg.
35¢	29¢	45¢	29¢	43¢
Pineapple — Crushed or Tidbits, Dole Fancy 3 tins	50¢	Raspberries — Ferncliffe choice, 15-oz. tins	2 for 69¢	
Pears — Aylmer fancy Bartletts, 15-oz. tins	2 for 55¢	Strawberries — Aylmer fancy, 10-oz. tins	2 for 39¢	
Peaches — Castle Crest, fancy, 15-oz. tins	2 for 49¢	Red Pitted Cherries — Choice, 15-oz. tins	29¢	
Peaches — Fancy Sliced, Libby's, 28-oz. tin	47¢	Bing Cherries — Choice, 15-oz. tin	31¢	